Paper Reference(s) BSP02
Pearson BTEC Tech Award Level 1/2

Sport

COMPONENT 2: Taking Part and Improving Other Participants' Sporting Performance

Pearson Set Assignment

June 2023

Time: 4 hours (approximately)

Pearson

YOU MUST HAVE

Nil

YOU WILL BE GIVEN

Nil

INSTRUCTIONS

This assessment may be given to learners as soon as it is received. This assessment is for use with the May 2023 – June 2023 moderation series. Please refer to the Administrative Support Guide for further information and mark submission deadlines.

Instructions to Learners

You should read the information given in the vocational context and each task section of this assignment carefully prior to starting work. Tasks often link to one another, so it is important to make sure you understand all tasks before starting the assignment.

The assignment will take approximately 4 supervised hours to complete.

This is divided into approximately:

- **1 hour to complete Task 1**
- **1 hour to complete Task 2**
- **1 hour to complete Task 3**
- **1 hour to complete Task 4.**

These timings are for guidance only but should be used as an indication of how long to spend on each task. Your teacher will advise you when it is time to move from one task to the next.

You must work independently and should not share your work with other learners. All work must be your own and you must sign a declaration of authenticity to confirm this. If group work or collaboration is permitted, you must produce your own independent responses and evidence for the tasks.

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Instructions to Learners continued.

Any sources of information, ideas, text, audio and / or visual assets created by others that you include in your work must be clearly identified and referenced. Using the work of others as your own or without proper acknowledgement is considered plagiarism and can result in disqualification from the assessment.

You may ask your teacher for support if you have questions about the requirements of tasks, what evidence you need to produce and any resources you are allowed to access. When producing video evidence you must be easily identifiable within the footage. Your teacher cannot give you feedback about how to improve your work or guide you to solutions to any questions or problems in the tasks.

Vocational context

The Young Life Community Centre is based in a large housing estate in Mosstown. Mosstown has one of the highest levels of deprivation in the UK.

The community centre has successfully received a Sport England Grant to help the Youth Workers employed at the centre to support opportunities to increase the physical participation levels in teenagers from the local community.

Residents, the local police, employees, and volunteers from the community centre have noticed that there has been an increase in the number of youths who are gathering around the streets, which has resulted in an increase in antisocial behaviour.

The Community Centre Manager has tasked a small group of Youth Workers to design a programme of events that will engage some of the teenagers with activities that will support their community, and further develop their skills and experience.

One of the initiatives that the community centre has considered using some of the grant for is the Duke of Edinburgh Award programme. The Youth Workers who have set up this group have approached you as a volunteer at the centre to support the promotion of the Award programme to teenagers from the local community.

Tasks

Task 1 – Components of fitness

As part of the Duke of Edinburgh Award candidates are required to undertake a physical component over a set period. In addition to this, candidates will be required to develop a sports skill, volunteer and take part in an overnight camping expedition.

The community centre staff would like to engage the selected participants in activities that they may have never taken part in before.

The Youth Worker who is leading on this project has asked you to help the teenagers understand the different components of fitness required for participation in a team sport of your choice.

Produce a written response that will enable the teenagers to understand what each of the different components of fitness are, their use in the chosen team sport and the impact they have on performance in that activity. Your written response should include an account of:

- **how each of these components of fitness will be used during participation in the selected team sport**
- **the impact of each of these components of fitness on performance in the selected team sport.**

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Learning outcome covered

Outcome A: Understand how different components of fitness are used in different physical activities.

Checklist of evidence required

A written response of approximately 2–3 pages of A4 or the equivalent number of pages in your normal way of working, which can include supporting images.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 1.

(Total for Task 1 = 12 marks)

Task 2 – Participating in sport

The Youth Worker would now like you to help the teenagers to develop their understanding of the sports skills and strategies required for your CHOSEN SPORT.

The Youth Worker would like you to produce a series of video clips that will demonstrate sports skills for your chosen sport being demonstrated in isolated practices and sports skills and strategies being demonstrated in competitive situations.

Your video clips should include practical demonstrations of:

- **AT LEAST THREE sports skills being performed in isolated practices**
- **sports skills and strategies being performed in a competitive situation.**

Learning outcome covered

Outcome B: Be able to participate in sport and understand the roles and responsibilities of officials.

Checklist of evidence required

Video recordings, lasting approximately 15 minutes, of sports skills in isolated practices and sporting skills and strategies in competitive situations for a selected sport.

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2 continued.

Resources needed

Video camera with sound recording.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 2.

(Total for Task 2 = 12 marks)

Task 3 – Officiating in sport

The Youth Worker would like the young people who have been selected to complete the Duke of Edinburgh Award programme to develop the skills of being an official for your selected sport.

To do this, the Youth Worker has asked you to further develop their understanding of the roles of the officials and the rules for your selected sport.

You have been asked to produce a presentation to assist the young people in understanding the different roles and responsibilities of the officials for your selected sport.

The young people should also understand the rules associated with the equipment that must be used and the scoring systems in the selected sport.

Your presentation should include an account of:

- **the different roles and responsibilities of officials in your selected sport**
- **rules and regulations around:**
  - **equipment**
  - **scoring systems**

  when taking part in your selected sport.

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3 continued.

- actions the officials would be expected to take to ensure the rules associated with:
  - equipment
  - scoring systems

  are adhered to when taking part in your selected sport.

Learning outcome covered

Outcome B: Be able to participate in sport and understand the roles and responsibilities of officials.

Checklist of evidence required

A presentation of approximately 10–15 slides that can include any combination of:

- text
- images
- embedded audio/video content lasting no more than 3 minutes
- slides notes.

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Physical presentation is not required. Where the option of physical presentation is taken, this should last no longer than approximately 5–10 minutes. This is under the assessment controls stated within the subject assessment strategy.

Resources needed

Resource requirements will depend on evidence to be submitted. You can access the internet if necessary to search and access audio-visual content.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 3.

(Total for Task 3 = 12 marks)

Task 4 – Improving participants' sporting skill

The Youth Workers who is designing the programme would like the teenagers to give something back to the local community. The Youth Worker would like the young people who complete the Duke of Edinburgh Award to volunteer as sports leaders. The Youth Worker has asked you to demonstrate to the young people what an effective sports leadership session looks like.

The Youth Worker has asked you to plan and lead a session that will provide practical support to help the participants learn how to improve one sports skill of your choice for your selected sport.

You will need to produce a written response of a plan for drills and conditioned practices for one sports skill of your choice.

You will also need to provide video evidence of you showing that you are able to demonstrate the techniques to the participants and support them as they take part in your planned drills and conditioned practices.

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Your written response should include:

- **a plan of the drills and conditioned practices to develop participants' techniques for your chosen sports skill**
- **an account to justify the choice of activities in each drill and conditioned practice related to the requirements of the sports skill in competitive situations.**

Your video footage should include:

- **practical evidence of you demonstrating the techniques required to perform the selected sports skill using key teaching points to support good practice**
- **practical demonstrations of your choice of drills for the group of participants to take part in to improve your chosen sport skill**
- **practical evidence of you supporting participants to take part in your choice of drills to improve your chosen sport skill.**

Learning outcome covered

Outcome C: Demonstrate ways to improve participants' sporting techniques.

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Checklist of evidence required

- **A written response of 3–5 pages of A4 or the equivalent number of pages in your normal way of working.**
- **Video recordings lasting approximately 10 minutes of you demonstrating sports drills and conditioned practices and supporting participants as they take part in these activities.**

Resources needed

Video camera with sound recording.

Supervised hours to complete the task

You will need approximately 1 hour to complete Task 4.

(Total for Task 4 = 24 marks)

TOTAL FOR SET ASSIGNMENT = 60 MARKS
END OF TASK